

"A much better method is the use of fireproof sputum mugs, when the mug with the sputum may be placed in the fire. The sputum is then burnt, and at the same time the mug or spittoon is sterilized for use again."

Miss Stevens mentions the necessity for fresh air. Also that if the patient must sit in a small room it must be clean and airy. "No one should sit between a tuberculous person and the air exit."

"A liberal and nourishing diet is essential, and is often a difficulty. Good dripping may sometimes be substituted for butter, and suet puddings, if well and lightly made, can, to a certain extent, replace meat."

"Pea-soup is cheaply made and very nourishing, and so is oatmeal porridge. Fat bacon, and bread fried in bacon fat, may be given freely, if digestion is good. Milk, butter, eggs, and cream should enter into the diet as much as possible."

QUESTION FOR NEXT WEEK.

What would you do in case of hæmorrhage from the uterus?

THE QUEEN AND THE NURSES OF INDIA.

The Trained Nurses' Association and the Superintendents' Associations of India are much gratified at the gracious reply sent by the Queen to their Address to Her Majesty when in India. The letter is addressed to Miss Grace Tindall, the President of the A.T.N.S., and states: "The Queen-Empress desires that her warm thanks may be conveyed to the members of these Associations for their loyal and affectionate address of welcome. Her Imperial Majesty will watch the progress of their work with the deepest sympathy, and she prays that God's blessing may attend their efforts to alleviate suffering and distress."

Miss Tindall, writing in *The Nursing Journal of India*, remarks: "The assurance of our Queen-Empress' deepest sympathy and prayer, coupled with the gracious acceptance of our humble welcome, is enough to put fresh heart into the most forlorn hope . . . and we may well go forward with a steady earnestness of purpose and endeavour, grateful that Her Imperial Majesty has allowed our aims and work to be put before her, and certain that no message coming from her is a pretty sentence of mere empty words, but that when she tells us she 'will watch the progress of our work,' she means what she says, and that our Associations will not be 'out of sight, out of mind,' with our gracious Queen."

THE CONGRESS AT COLOGNE.

Regarding "Our Cologne Congress" Sister Karll writes:—

"The time of intensive preparation for the same draws near. The Ministry for Foreign Affairs has declared itself willing to acquaint those foreign Governments concerned with the same. The invitations to the various German nursing institutions are being gradually despatched; also those to industrial firms interested in the Nursing Exhibition."

Sister Karll is pleased to report that many Papers are already promised, and the characters for the Nursing Pageant are being taken up. This great international gathering and exhibition is a tremendous undertaking, but, knowing the splendid organizing abilities of Sister Karll and her colleagues, we are sure it will be a fine success, and we are going to do all in our power to help to make it so.

Miss Dock will be in Germany in July in time to fix up the business meeting of the International Council, and Mrs. Fenwick and Miss Cutler have arranged to be in Cologne in time to give a helping hand.

Miss Kelly, Lady Superintendent, Steevens' Hospital, Dublin, has consented to act as Delegate of the National Council of Nurses in the place of the late Mrs. Kildare Treacy, at the meeting of the International Council of Nurses and Congress at Cologne in August. The other three Delegates who have accepted nomination are Miss Rogers, Leicester; Miss B. Cutler, Hon. Secretary; and Miss C. Forrest, Hon. Treasurer.

THE NURSING AND MIDWIFERY CONFERENCE.

The Nursing and Midwifery Conference and Exhibition which is to open at the Royal Horticultural Hall, Westminster, on April 23rd, is drawing near, and nurses who wish to attend should at once communicate with Mr. Ernest Schofield, in reference to cheap railway and season tickets.

A great deal of time has been given to the organisation of both the Conference and Exhibition this year, and we hope to see and learn many new things.

SOME OF THE PAPERS.

Amongst the Papers which are to be read and discussed are:—

APRIL 23RD.

"How to Work Up a Connection," by Miss E. M. Waing. "New Methods in Medical Nursing," and "New Methods in Surgical Nursing," by Miss Alice M. M. Park. "How to Start a

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